

DISHA peer facilitators CLUB

Objectives

- To create awareness among adolescents regarding issues concerning adolescence.
- To provide a platform for frank discussion on issues related to adolescence.
- To equip adolescents with accurate information, knowledge and the skills in the specific contexts of the process of growing up, prevention of HIV/AIDS and prevention of substance (drug abuse).
- Peer facilitators to act as a catalyst and a link between teachers and the students.

Constitution of the club at KVs

- The club will be known as DISHA peer facilitators CLUB at each Vidyalaya.
- All Students of Class- VI to Class- XII of each school are the members of the Disha clubs.
- 8 peer facilitators, 2 (one boy and one girl) from each class IX-XII will be nominated as peer facilitators / programme initiators of the Vidyalayas.
- One student from among the 8 peer facilitators will be nominated as the convener of the club, who will take care of the scheduling for the meeting twice in a month.
- Principal and the AEP nodal teacher/ master trainers of the school will be the advisor of the club.
- The tenure of the peer facilitators and convener may be on rotational basis.
- The basic framework is suggestive in nature; the Vidyalayas can go beyond the recommended guidelines.
- DISHA peer facilitators CLUB meeting should be organised at least once in a fortnight.

Activities to be undertaken

- The CLUB will be engaged with a series of innovative activities like discussion on adolescence issues among the students, wall activities, street plays, poster competitions, celebrating important days e.g. world AIDS day (Dec 1st), inviting guest talks on adolescence and life skill issues, co-curricular activities and many more.
- The developments and discussions needs to be documented by the peer facilitators. Good practices, stories, photographs on different issues may also be captured.
- The activities mentioned here are suggestive only; the clubs can undertake any additional activity at their level with due consultation of the adviser of the club.
- Each activity will be undertaken as within CCA framework.

- At least 6 activities to be undertaken in an academic year.

Ground rules to follow for DISHA peer facilitators CLUB

The Disha peer facilitators are expected to be sensitive towards the adolescent issues.

- The peer facilitators should be a link and not adviser to his peers.
- In no case should the right of a child be violated, mutilated or demoralized.
- No students will be asked to stay beyond the school hours. The programme will be incorporated within the school hours only.
- The teachers will facilitate all the activities, but choice of activity and organizing should involve all students from classes of VI- XII. For e.g., if students are keen for an activity to discuss problems like their self image, the effort should be made to organise a talk with some counselor/ experts who would interact with the students.
- The Disha club is not a forum for addressing personal grievances/ complaints of students. Only those themes are taken up, which are related to adolescent issues and affect all students.

Indicators of successful sustenance of DISHA peer facilitators CLUB in Vidyalayas

- As each DISHA peer facilitators CLUB will organize a number of programmes and activities round the year in a planned manner, the success will broadly depend on the following programme indicators.
- Total number of programmes and activities organized in a month, quarter and a year.
- Total number of participants in each programme and activity with particular reference to adolescence, life skill etc.
- Documentation of different programmes, activities, individual club events, individual club members, certain reports/ documents published.
- Volunteering of parents/ stake holders in the community for adding any value to the Disha club etc. This will show the successful nature of parent-students interaction and sustenance of the club;
- Voluntary running of certain special trainings, skill development effort etc.
- General impression of the parents/ stake holders/ government officials who visit the club.

Roles and Responsibilities by Students and Teachers for DISHA peer facilitators CLUB

Activity	Responsibility
Initiation of the club	Principal/ Nodal teacher
Club formation and selection of members	Nodal teacher/ students representative
Plan of activity	Nodal teacher/ students representative
Undertaking activity	Nodal teacher/ students representative
Class wise innovations	Student representative
Organizing the meeting	Principal
Change of environment : peer-peer interact, peer teacher	Disha club members
Visit other schools and document	Principal/ club members
VVS/ Parents involvement	Principal/ Nodal teacher

Some suggestive activities and themes under DISHA peer facilitators CLUB

Activities	Themes
Question box, Role play, Situation analysis, Case study, Group discussion, Debate, Quiz contest, Brain storming, Presentations, Right and wrong statements etc.	Life skills development, Understanding adolescence, Peer relationship, Changes during adolescence, Understanding and challenging domestic violence, Growing up healthy, Prevention of HIV/ AIDS, Prevention of substance (drug) abuse etc.